Learning strategies of osteopathic Learning strategies of osteopathic techniques and clinical decision-making

Implications for osteopathic education



INTRODUCTION

- A number of different osteopathic techniques can be observed nowadays (Fryer, 2008)
- Teaching these techniques is widely dependent on strategies chosen by the schools and their teaching staff (Browning et al. 2010)



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 Many different techniques and practices can be recorded across Europe, despite the teachings of Andrew Taylor Still who founded Osteopathy (Still, 1910)

THEORICAL FRAMEWORK

- Osteopathic clinical practice was analysed according to joint action theory in didactics (JATD)
- Hypothesis : Field experience would be the source of integrated skills among therapists (Loquet, 2016)
- Aim : Analyze the different integrated skills used in their practice, thus reflecting on their acquisition skills and their future teachings

RESULTS

- Similitude in the structure of consults and in the skills collected according to defining rules of osteopathic concept (Figure 2)
- Knowledge of different teaching theories/methodologies used in educational sciences, bring on a new analysis of therapeutic



- Six video cameras and two microphones were used to collect video recordings of each consult, using different shots and focuses
- Eight consults were recorded two experienced osteopaths (with more than twenty years of experience) \rightarrow two different patients \rightarrow twice and a month apart
- Synopsis and transcripts of all consults were drawn, allowing the analysis of both practices
- Extracts were selected for analysis \rightarrow illustrated a kind of "knot of correlations" \rightarrow physical interactions, verbal or nonverbal (Figure 1)
- "Emblematic" examples which materialize essential dimension of osteopathic clinical approach

strategies (winning or losing strategy)

Different directions in the approach enabling the osteopathic diagnosis based on gesture aware or not (example : the choice of a "soft" technique)

OSTEOPATHIC CLINICAL PRACTICE



Figure 2. Comparison of two osteopathic clinical practices



Figure 1. « knot of correlations » of therapeutic strategies (CREA – Rennes 2)



►A strong methodology of analysis based on educational sciences to analyze osteopathic gesture could be relevant to study

osteopathic clinical practice and to identify new teaching practice

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